

Amanda Herbert
Guy's & St Thomas' NHS Foundation Trust
50th Anniversary of SFCC
22 November 2017



Je ne sais pas et Je ne sais pas

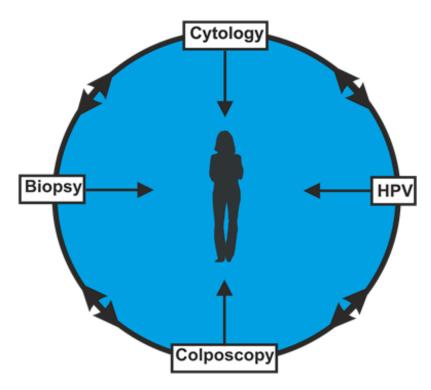
Les deux cas devait être comme ça





Cytologists, pathologists and colposcopists should work together as a multidisciplinary team

- Decisions on treatment and management require assessment of cytology, colposcopy findings, punch biopsies, clinical context, HPV status.....
- and a mutual understanding of certainties and pitfalls of each others' results



http://www.eurocytology.eu/

The cytotechnician/cytotechnologist/biomedic al scientist/advanced practitioner and the pathologist depend on each other and should work together

The colposcopist has to decide who to treat, who to follow up and who to return to routine screening - and should make decisions through a multidisciplinary team

Challenges for all disciplines

- Perception that HPV testing is 'better' than cytology although specificity is far worse (~15%) and sensitivity similar to cytology at its best (~85%)
- Vaccination will result in relatively fewer abnormalities, which will reduce specificity and sensitivity of cytology – and make it boring
- Fewer women will be screened even if (?three per lifetime) recommended in vaccinated women
- ~85% of women with ASC-US+/hrHPV+ results will not have CIN2+ and even fewer will have CIN3+

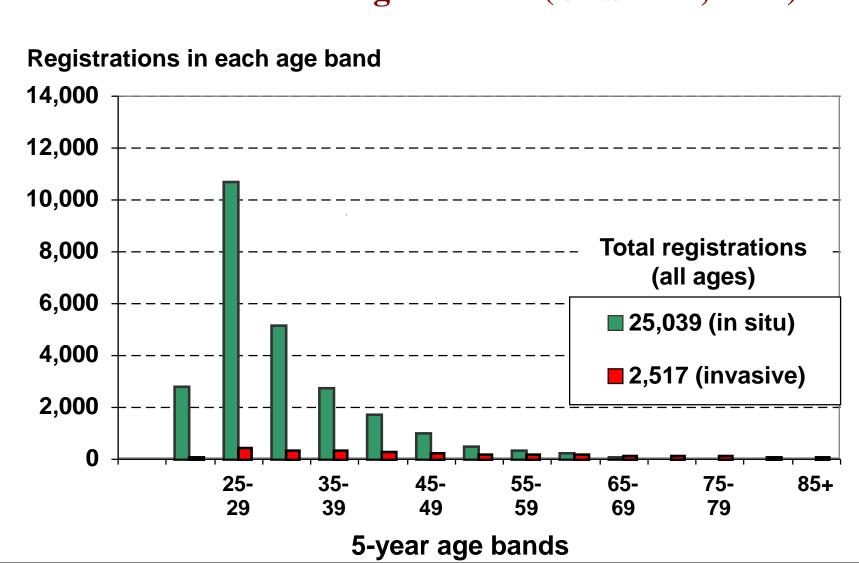
Challenges for all disciplines

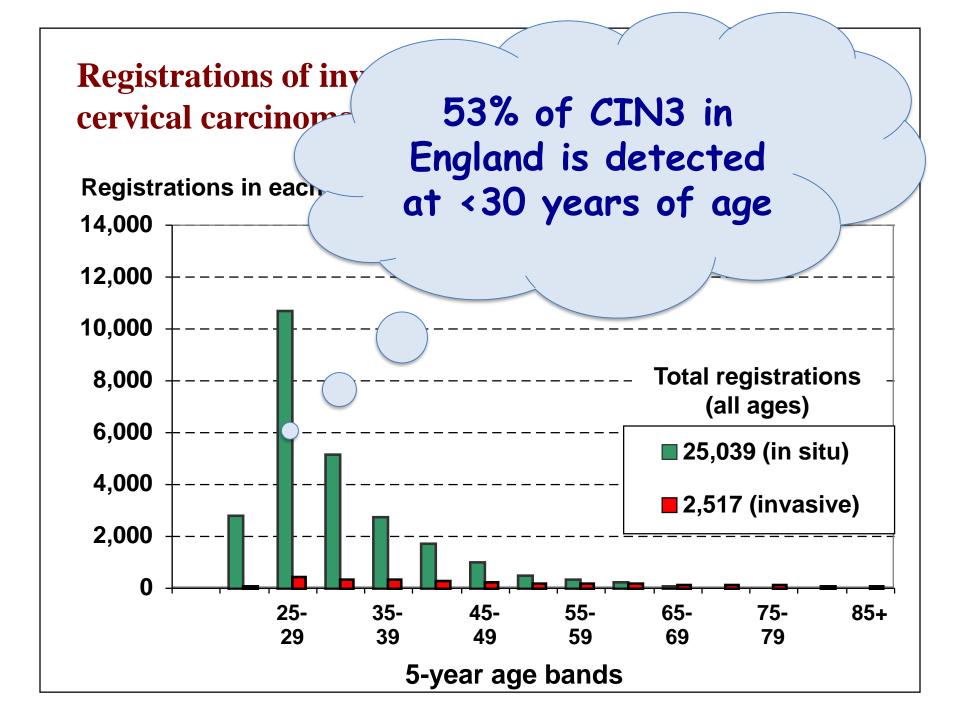
- Primary hrHPV testing will be introduced with or without cytology triage or co-testing
- Cytology workloads for cervical screening will inevitably decline especially with respect to 'primary screening'
- Cytologists should train, retrain or get more involved in non-gynaecological cytology and roles such as pre-screening and rapid onsite assessment
- Diagnostic gynaecological cytopathology should be recognised as an important topic for pathologists

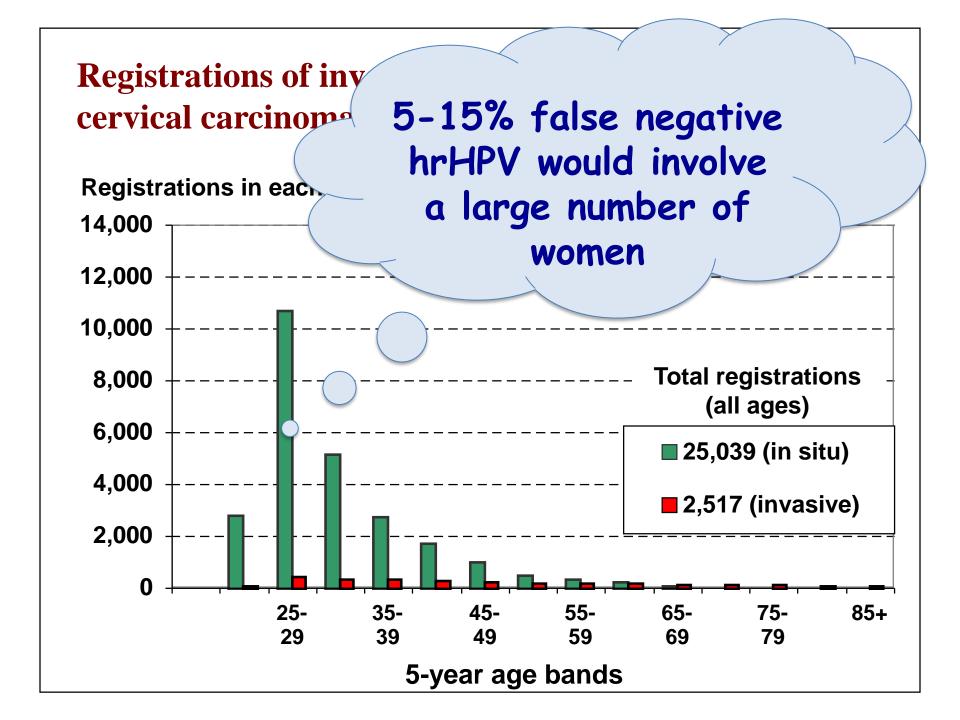
Primary HPV testing

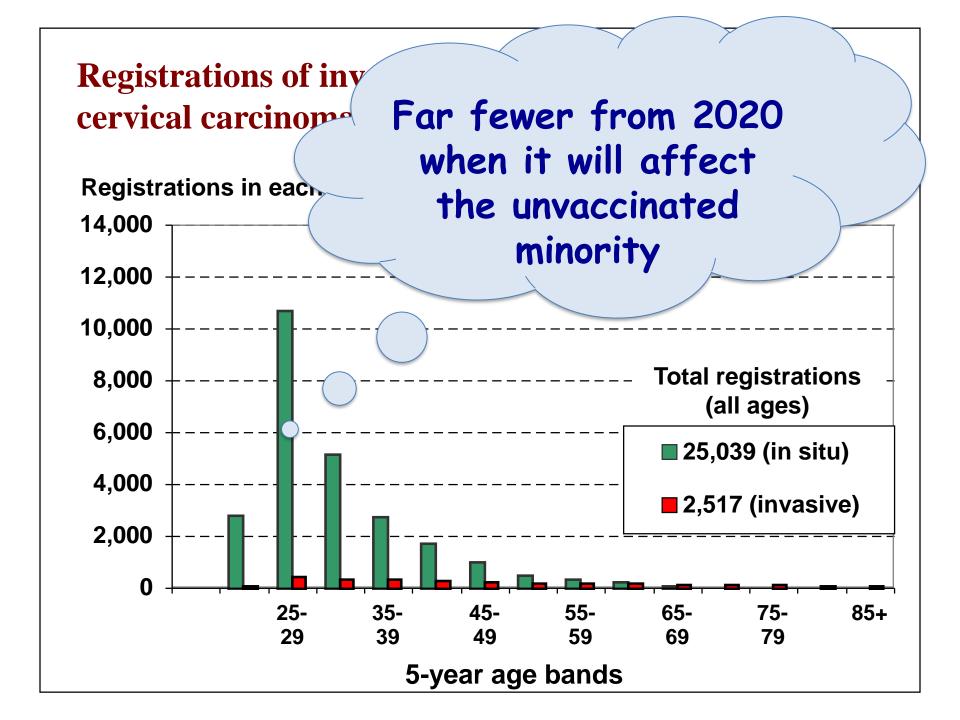
- Most clinical trials of primary HPV testing start at age 30, with cytological screening before that age
- Australia, NZ and UK (and ?the Netherlands)
 propose to start at age 25 with no cytology back up
 for hrHPV- tests
- Co-testing in the first two high prevalence rounds would optimise sensitivity while reducing the relative number of negative tests by about 50%
 - Herbert A. Primary HPV testing: a proposal for co-testing in the initial rounds...... Cytopathology 2017;28:5-19

Registrations of invasive and in-situ (CIN3/AIS) cervical carcinoma - England 2015 (ONS data, 2017)





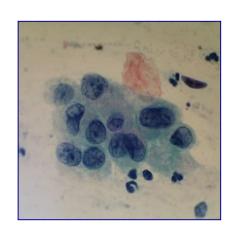




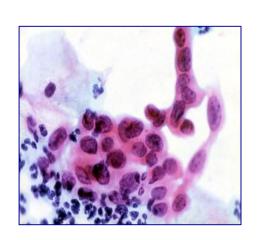
Challenge for cytologists

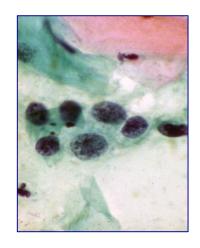
- Critical decision is abnormal versus normal (more difficult if all hrHPV- tests are excluded)
- ASC-US/LSIL versus HSIL+/ASC-H does matter (HSIL+ will not have hrHPV triage)
- Moderate/ASC-H versus severe dyskaryosis/dysplasia does matter – specificity and PPV are different, which is helpful to the colposcopist
- Glandular abnormalities (AGC) do matter: AIS and adenocarcinoma is more difficult at colposcopy

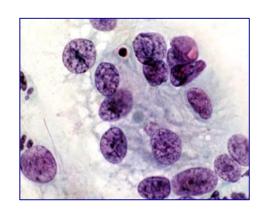
Critical distinctions on cytology

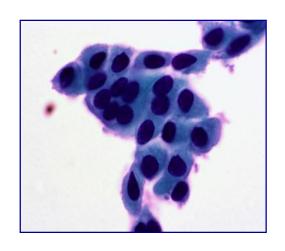


Immature metaplasia versus HSIL (usually moderate, sometimes ASC-H)

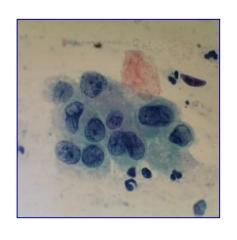






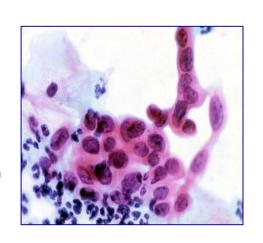


Critical distinctions on cytology

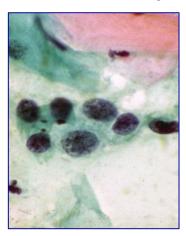


Immature metaplasia with TV

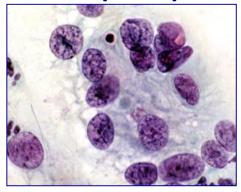
Reported as HSIL (moderate)



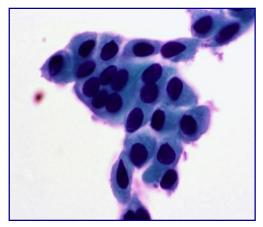
Tubal metaplasia



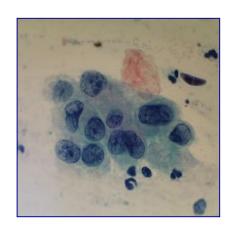
Large pale cell HSIL (CIN3)



Immature metaplasia (ThinPrep)

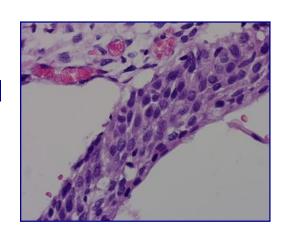


Critical distinctions on cytology

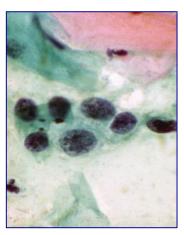


Immature metaplasia with TV

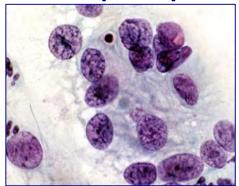
Reported as CIN2 But is it?



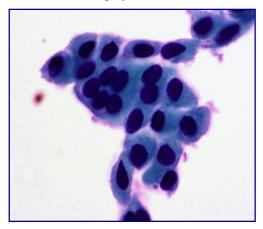
Tubal metaplasia



Large pale cell HSIL (CIN3)



Immature metaplasia (ThinPrep)



HSIL: moderate versus severe does help

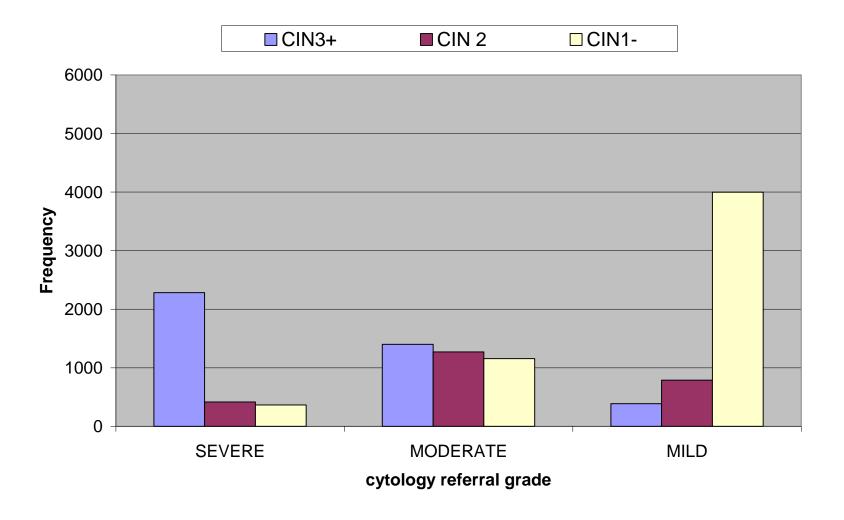
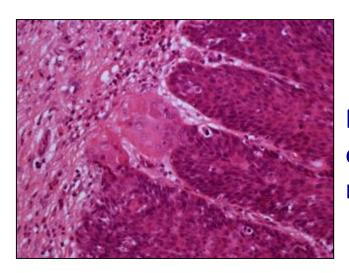


Figure 1a from Blanks and Kelly: Cytopathology 2010; 21:368-73.

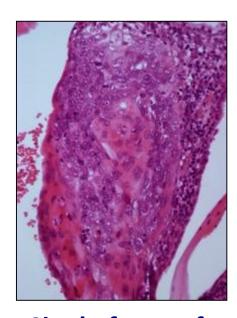
Challenge for pathologists

- Critical decision is abnormal versus normal
- CIN1 versus CIN2 is also critical, is highly subjective and may require immunos (p16/MIB1)
- CIN2 versus CIN3 does matter 50% of CIN2 is reversible and may not require treatment in young women (how young? 53% are <30 years of age)
- CIN3 is the most robust diagnosis but early stromal invasion may occasionally be missed

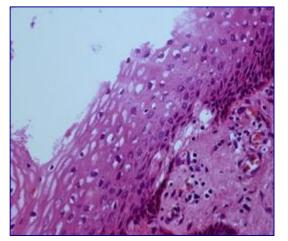
Challenge for pathologists

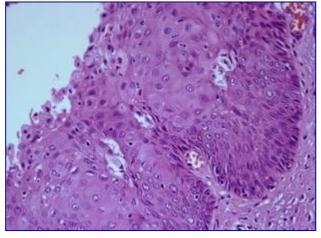


Early stromal invasion on review of LLETZ reported as CIN3



Single focus of ?invasive SCC on review of LLETZ reported as no CIN



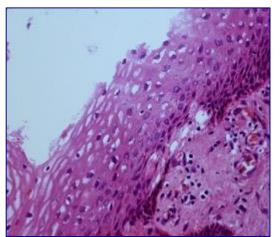


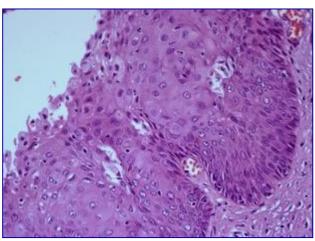
HPV-related, no CIN vs. CIN1; CIN1 vs. CIN2

Challer

All these women developed invasive cancer one to several years later

on review flatereported CIN3





HPV-related, no CIN vs. CIN1; CIN1 vs. CIN2

Single focus of ?invasive SCC on review of LLETZ reported as no CIN

Challenge for colposcopists

- Critical decision is ≤CIN1 versus CIN2+
- CIN2 versus CIN3+ matters: 'triple assessment' of colposcopic appearance along with cytology and biopsy would help
- Risk factors may be significant (duration of abnormalities, age of patient, previous treatment)
- Follow up is important: hrHPV positivity, ASC-US/LSIL/CIN1 are all risk factors for progression
- Glandular abnormalities are difficult to detect

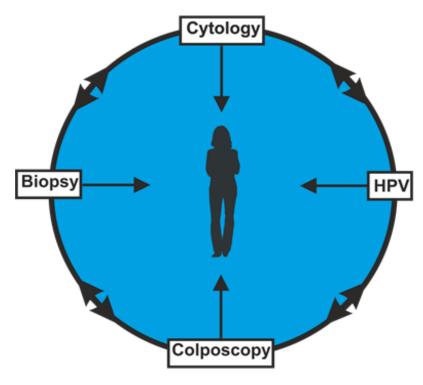
Risk factors for post-treatment recurrence or cancer

- Usually CIN3 rather than CIN2 at initial excision
- Age at initial excision (average 41 cf. 31 years)
- Incomplete initial excision (especially at endocervical or deep margin) – or residual CIN3 not treated
- Depth of CIN3 more than 2mm
- Residual abnormalities on cytology, histology and colposcopy may be sparse or inconspicuous
- Review of histology is as important as cytology
 - AH, GC, EMcL, AAK. Invasive cervical cancer after treatment of CIN: why does it happen? Study at Guy's & St Thomas' submitted for publication



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- Decisions on treatment and management require assessment of cytology, colposcopy findings, punch biopsies, clinical context, HPV status.....
- and a mutual understanding of certainties and pitfalls of each others' results



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Merci beaucoup pour votre attention et pour m'avoir invité à Paris!



